

# Bed Management Selector

SystemRoMedic™



## **The original low friction in bed management solution in accordance with the Functional Independence Measure (FIM)**

Together, DHG's WendyLett in bed management sheets make an in-situ, easy-to-use system of slide and draw sheets that work in combination with each other. Developed to facilitate turning, moving higher up in bed and other small bed transfers. The WendyLett finely woven fabric is clinically proven to reduce potential skin damage and improve pressure care on a foam or air mattress (Sturnam, 2011).

In this guide, you will find which WendyLett sheet is required dependent upon the bed size available and the Functional Independence Measure (FIM) of the individual.

**DHG**  
Moving Health Forward

# What is the Functional Independence Measure (FIM)?

The Functional Independence Measure (FIM) is an assessment tool that aims to evaluate the functional status of patients throughout the rehabilitation process following a stroke, traumatic brain injury, spinal cord injury, cancer etc.

FIM is an 18-item, clinician reported scale that assesses function in six areas including self-care, continence, mobility, transfers, communication and cognition. Each of the 18 items are graded on a scale of 1-7 based on the level of independence in that item.

Performed on admission to and departure from hospital, FIM is a consistent data collection tool for the comparison of rehabilitation outcomes across the healthcare continuum, allowing clinicians to track changes in the functional status of patients from onset of rehab care to discharge and follow-up.

As such, FIM scores may be interpreted to indicate level of independence or level of burden of care. This scale is used to assess how well a person can carry out basic activities of daily living and how dependent they will be on help from others.

## Dependence Level

### Level 1: Total Assistance

The user can contribute up to 25% of the effort required or requires total assistance to complete the task

### Level 2: Maximal Assistance

The user can provide between 25 and 49% of the effort required to complete the task

## Modified Dependence Level

### Level 3: Moderate Assistance

The user can perform between 50 and 75% of the task

### Level 4: Minimal Assistance

Able to perform over 75% of the task, the user will only require incidental hands on assistance

### Level 5: Supervision

The user may need verbal prompting and requires standby assistance only

## Independence Levels

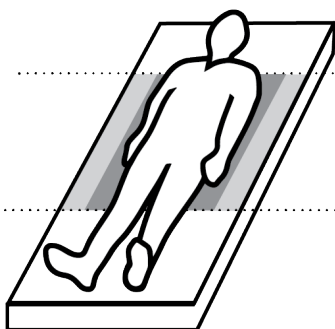
### Level 6: Modified Independence

The user needs assistance of an aid but requires no help to operate it

### Level 7: Complete Independence

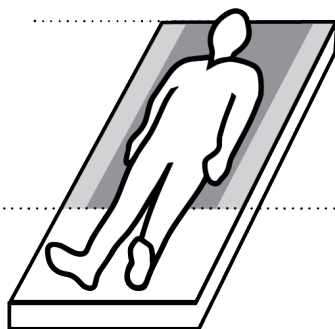
## Sheet Guide

### 1 Choose the correct sliding zone on the sheet depending on user function



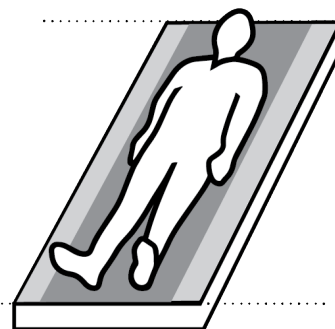
#### Sliding Zone: Hip

For more active/lighter users who only need the sliding function at hip level.



#### Sliding Zone: Head & Hip

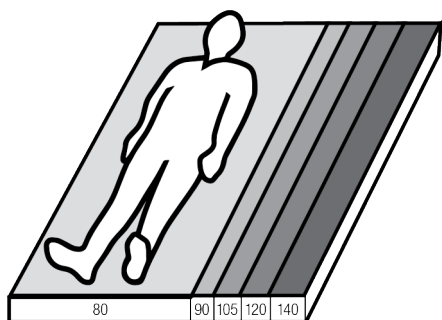
For less active/heavier users who need the sliding function from hip level and up.



#### Sliding zone: Full Body

For users who are passive/in need of more intensive care where the sliding function is required under the entire body.

### 2 Choose the correct sliding sheet based on bed width



80cm 31.5"	90cm 35.4"	105cm 41.3"	120cm 47.2"	140cm 55.1"
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Bed Width

The mattress dimensions are important for optimising the sliding surface of the sheet and stimulating the activity of the user. For our draw sheets and sliding draw sheets, there is no recommended mattress width.

### 3 Find the correct function



#### Incontinence Protection

Incontinence protection is a washable incontinence sheet placed on top of an ordinary sheet and/or other bedding. Incontinence protection is available with or without a sliding surface on the bottom. The material is highly absorbent and distributes fluid over a larger surface.



#### Handles

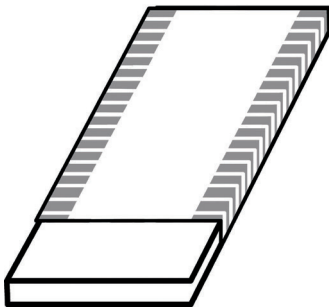
Some sliding draw sheets are also equipped with handles that can be connected to lifts. This facilitates easier positioning, takes care of personal hygiene and facilitates sling attachment.



#### Elastic Corners

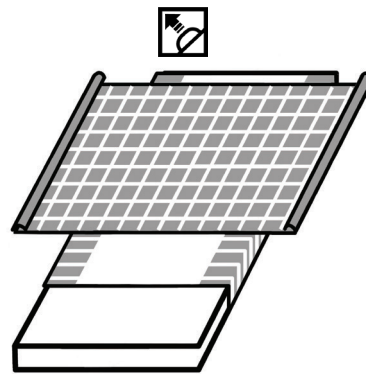
Fitted sliding base sheets with this symbol have elastic that is pulled over the mattress

### 4 Select the correct combinations



#### Sliding Sheet

Satin for the centre section and non-slip material for the side sections. Slide in the direction of the pattern.



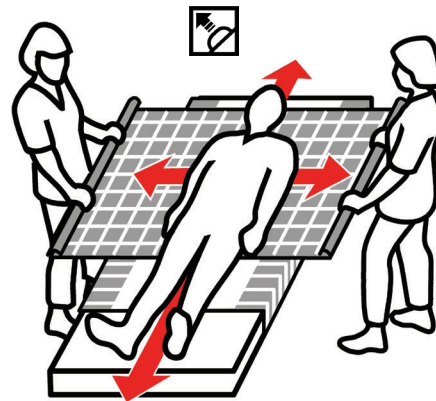
#### Sliding Sheet + Sliding Draw Sheet

Both the sheets have sliding surfaces on both the bottom and the top. Slide in the direction of the pattern.

### 5 How to use the combinations



For patients able to turn over on their own, often a sliding sheet that improves the slide in the zones where this is needed is sufficient.














The combination of a sliding sheet and a sliding draw sheet is used when the user is passive, heavy/in need of more intensive care. This combination is often used with a lift, during personal hygiene and when attaching a sling.

# Single Bed

Product Code	Product Name/Description	Key Points	Length (cm/inches)	Width (cm/inches)	Sliding Surface Area Width (cm/inches)	Other - refer to keys 3 & 4 above	FIM Level
<b>Single Bed (c.200 x 90cm/79" x 35")</b>							
<b>WendyLett Base Sheets</b>							
1612	WendyLett, Flat Base Sheet, 140 x 180cm	3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140cm (55")	180cm (71")	50cm (20")		Used on its own: FIM 5-7 In combination: FIM 1-4
1613	WendyLett, Flat Base Sheet, 200 x 80cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	80cm (31")	60cm (24")		Used on its own: FIM 5-7 In combination: FIM 1-5
1621	WendyLett, Flat Base Sheet, 140 x 205cm	3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140cm (55")	205cm (81")	75cm (29")		Used on its own: FIM 5-7 In combination: FIM 1-4
1622	WendyLett, Flat Base Sheet, 200 x 205cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	205cm (81")	75cm (29")		Used on its own: FIM 5-7 In combination: FIM 1-5
1634	WendyLett, Flat Base Sheet, 140 x 200cm	3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140cm (55")	200cm (79")	60cm (24")		Used on its own: FIM 5-7 In combination: FIM 1-4
1641	WendyLett, Fitted Base Sheet, 200 x 90cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	90cm (36")	70cm (28")		Used on its own: FIM 5-7 In combination: FIM 1-5
1691	WendyLett, Fitted Base Sheet, 215 x 90cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	215cm (85")	90cm (35")	70cm (28")		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>WendyLett4Way</b>							
1637	WendyLett4Way, 140 x 200cm	Used in combination with a base sheet. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed.	140cm (55")	200cm (79")	-		In combination: FIM 1-4
1647	WendyLett4Way, 200 x 200cm	Used in combination with a base sheet. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a ¾ length draw sheet. Good option for palliative care and heavier clients.	200cm (79")	200cm (79")	-		In combination: FIM 1-2
1648	WendyLett4Way, Inco, 75 x 200cm	Used in combination with a base sheet. 1/2 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Incontinence protection adds a washable, highly absorbent incontinence sheet on top.	75cm (30")	200cm (79")	-		In combination: FIM 1-4
1649	WendyLett4Way, Inco, Handles, 140 x 120cm	Used in combination with a base sheet. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Incontinence protection adds a washable, highly absorbent incontinence sheet on top. Added handles for assisted rolling using an overhead or mobile hoist.	140cm (55")	120cm (47")	-		In combination: FIM 1-2
1657	WendyLett4Way, Handles, 140 x 190cm	Used in combination with a base sheet. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Added handles for assisted rolling using an overhead or mobile hoist.	140cm (55")	190cm (75")	-		In combination: FIM 1-2
1687	WendyLett4Way, Handles, 200 x 190cm	Used in combination with a base sheet. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a ¾ length draw sheet. Good option for palliative care and heavier clients. Added handles for assisted rolling using an overhead or mobile hoist.	200cm (79")	190cm (75")	-		In combination: FIM 1-2
1692	WendyLett4Way, 215 x 200cm	Used in combination with a base sheet. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a ¾ length draw sheet. Good option for palliative care and heavier clients.	215cm (85")	200cm (79")	-		In combination: FIM 1-2

# Wide Single & Small Double

Product Code	Product Name/Description	Key Points	Length (cm/inches)	Width (cm/inches)	Sliding Surface Area Width (cm/inches)	Other - refer to keys 3 & 4 above	FIM Level
<b>Wide Single (c.190 x 105cm/74" x 41") &amp; Small Double Bed (c.190 x 120cm/75" x 47")</b>							
<b>WendyLett Base Sheets</b>							
1639	WendyLett, Flat Base Sheet, 200 x 200cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	200cm (79")	70cm (28")		Used on its own: FIM 5-7 In combination: FIM 1-5
1651	WendyLett, Fitted Base Sheet, 200 x 105cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	105cm (41")	80cm (32")		Used on its own: FIM 5-7 In combination: FIM 1-5
1661	WendyLett, Fitted Base Sheet, 200 x 120cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	120cm (47")	95cm (37")		Used on its own: FIM 5-7 In combination: FIM 1-4
1668	WendyLett, Flat Base Sheet, 140 x 220cm	3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140cm (55")	220cm (88")	100cm (40")		Used on its own: FIM 5-7 In combination: FIM 1-5
1669	WendyLett, Flat Base Sheet, 200 x 220cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	220cm (88")	100cm (40")		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>WendyLett4Way</b>							
1647	WendyLett4Way, 200 x 200cm	Used in combination with a base sheet. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a 3/4 length draw sheet. Good option for palliative care and heavier clients.	200cm (79")	200cm (79")	-		In combination: FIM 1-2
1648	WendyLett4Way, Inco, 75 x 200cm	Used in combination with a base sheet. 1/2 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Incontinence protection adds a washable, highly absorbent incontinence sheet on top.	75cm (30")	200cm (79")	-		In combination: FIM 1-4
1649	WendyLett4Way, Inco, Handles, 140 x 120cm	Used in combination with a base sheet. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Incontinence protection adds a washable, highly absorbent incontinence sheet on top. Added handles for assisted rolling using an overhead or mobile hoist.	140cm (55")	120cm (47")	-		In combination: FIM 1-2
1652	WendyLett4Way, 140 x 260cm	Used in combination with a base sheet. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed.	140cm (55")	260cm (102")	-		In combination: FIM 1-4
1657	WendyLett4Way, Handles, 140 x 190cm	Used in combination with a base sheet. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Added handles for assisted rolling using an overhead or mobile hoist.	140cm (55")	190cm (75")	-		In combination: FIM 1-2
1687	WendyLett4Way, Handles, 200 x 190cm	Used in combination with a base sheet. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a 3/4 length draw sheet. Good option for palliative care and heavier clients. Added handles for assisted rolling using an overhead or mobile hoist.	200cm (79")	190cm (75")	-		In combination: FIM 1-2

# Double & King Bed

Product Code	Product Name/Description	Key Points	Length (cm/inches)	Width (cm/inches)	Sliding Surface Area Width (cm/inches)	Other - refer to keys 3 & 4 above	FIM Level
<b>Double Bed (c.190 x 135cm/75" x 53")</b>							
<b>WendyLett Base Sheets</b>							
1668	WendyLett, Flat Base Sheet, 140 x 220cm	3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140cm (55")	220cm (88")	100cm (40")		Used on its own: FIM 5-7 In combination: FIM 1-4
1669	WendyLett, Flat Base Sheet, 200 x 220cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	220cm (88")	100cm (40")		Used on its own: FIM 5-7 In combination: FIM 1-5
1671	WendyLett, Fitted Base Sheet. 200 x 140cm	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200cm (79")	140cm (55")	110cm (43")		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>WendyLett4Way</b>							
1647	WendyLett4Way, 200 x 200cm	Used in combination with a base sheet. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a 3/4 length draw sheet. Good option for palliative care and heavier clients.	200cm (79")	200cm (79")	-		In combination: FIM 1-2
1648	WendyLett4Way, Inco, 75 x 200cm	Used in combination with a base sheet. 1/2 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Incontinence protection adds a washable, highly absorbent incontinence sheet on top.	75cm (30")	200cm (79")	-		In combination: FIM 1-4
1652	WendyLett4Way, 140 x 260cm	Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels. Extra wide base sheet allowing additional material to be tucked in.	140cm (55")	260cm (102")	-		In combination: FIM 1-4
1657	WendyLett4Way, Handles, 140 x 190cm	Used in combination with a base sheet. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Added handles for assisted rolling using an overhead or mobile hoist.	140cm (55")	190cm (75")	-		In combination: FIM 1-2
1687	WendyLett4Way, Handles, 200 x 190cm	Used in combination with a base sheet. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a 3/4 length draw sheet. Good option for palliative care and heavier clients. Added handles for assisted rolling using an overhead or mobile hoist.	200cm (79")	190cm (75")	-		In combination: FIM 1-2
<b>King Size Bed (c.200 x 150cm/79" x 59")</b>							
<b>WendyLett Base Sheets</b>							
1681	WendyLett, Flat Base Sheet, 200 x 365cm	Extra wide base sheet to allow for optional positioning on a double bed and larger sizes for two people, where only one person requires the reduced friction area. May be positioned on either the left or right hand side of the bed.	200cm (79")	365cm (144")	70cm (28")		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>WendyLett4Way</b>							
1652	WendyLett4Way, 140 x 260cm	Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels. Extra wide base sheet allowing additional material to be tucked in.	140cm (55")	260cm (102")	-		In combination: FIM 1-4
<b>Complementary Products</b>							
1680	WendyLean Pillowcase	The patented, self-retracting handles allow the carer to help move the client higher up in bed or into a seated position at the edge of the bed. The underside of the pillowcase is made of smooth satin which makes it very easy both to position the pillow and to pull the pillow in under the shoulders for raising the upper body of the user. The stripes indicate in which direction sliding is facilitated.					



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SystemRoMedic™ is a complete solution for easy transfers.  
The concept encompasses four product areas that meet  
most needs in different transfer situations.

**Transfer**, between two locations. **Positioning**, within the same location.  
**Support**, for mobility. **Lifting**, both manual and mechanical.

**DHG**  
Moving Health Forward

 **HospEquip**